Bronxville Senior Citizens



SENIOR CITIZENS COUNCIL BRONXVILLE & TUCKAHOE

50th Anniversary Issue



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January Tuesdays 2024		January Thursdays 2024	
January 7 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:45 – 12:30 p.m. 11:45 – 12:30 p.m. 1:00 – 2:30 p.m.	Play Bridge Chair Yoga w/ Karen Kelly Exercise with Evey BSC Board Meeting New Year Celebration with Indian Buffet \$25 per person at the Reformed Church	January 9 9:30 - 10:30 a.m. 10:30 - 11:30 a.m. 11:45 - 12:30 p.m. 12:30 - 2:30 p.m. 12:30 - 2:30 p.m. 1:00 - 2:00 p.m.	Line Dancing with Diane Tai Chi with Norma Exercise with Evey Play Mah Jongg & Canasta Play Bridge Toning with Jackie
January 14 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:45 – 12:30 p.m. 12:45 – 2:00 p.m.	Play Bridge Chair Yoga with Karen Kelly Exercise with Evey General Membership Meeting– All members are encouraged to attend!	January 16 9:30 – 10:30 a.m. 10:30 – 11:30 a.m. 11:45 – 12:30 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m. 1:00 – 2:00 p.m.	<i>Line Dancing with Diane</i> Tai Chi with Norma <i>Exercise with Evey</i> Play Mah Jongg & Canasta Play Bridge <i>Toning with Jackie</i>
January 21 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:45 – 12:30 p.m. 12:45 – 2:00 p.m.	Play Bridge Chair Yoga with Sue Wellott Exercise with Evey Volunteers for Newsletter	January 23 9:30 – 10:30 a.m. 10:30 – 11:30 a.m. 11:45 – 12:30 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m. 1:00 – 2:00 p.m.	<i>Line Dancing with Diane</i> Tai Chi with Norma <i>Exercise with Evey</i> Play Mah Jongg & Canasta Play Bridge <i>Toning with Jackie</i>
January 28 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:45 – 12:30 p.m. 1:00 – 2:30 p.m.	Play Bridge Chair Yoga with Karen Kelly Exercise with Evey Back by popular demand! Earrings with Joan Lloyd -Make one pair to keep and one pair to donate to charity! Please RSVP	January 30 9:30 – 10:30 a.m. 10:30 – 11:30 a.m. 11:45 – 12:30 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m. 1:00 – 2:30 p.m. 1:00 – 2:00 p.m.	<i>Line Dancing with Diane</i> Tai Chi with Norma <i>Exercise with Evey</i> Play Mah Jongg & Canasta Play Bridge Arts & Crafts w/ Deb <i>Toning with Jackie</i>
Lisa McGovern, Dire Office Cell: 914-84	ector 44-5120	Center Location:	Reformed Church of Bronxville 180 Pondfield Road

Email: BSC@SCC70.org

Website: www.scc70.org/bronxvilleseniors

Mailing Address:

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<u>Acknowledgements</u>

We wish to thank our members, BSC & SCC Boards, friends and businesses who supported us to help make our Anniversary Lunch a success including: • Barbara Gregoíre Bronxvílle Town Hall • Bronxville Wine & Spirits • Fountains at Rivervue Graceland Florísts Líz Delgado Mary Smíth Mayor Mary Marvín • Pablo Olay for Ríbera del Duero & Rueda Phíl Pepe Reformed Church of Bronxville ♦ Reverend Dr. Matthew Waterstone





LETTER FROM OUR PRESIDENT

Dear Members,

I am delighted to share this momentous occasion—our 50th anniversary year as Bronxville Seniors!

Established in 1974, the Bronxville Senior Citizens is a remarkable association that provides the older community with a place to bond with their peers. We gather twice weekly at The Reformed Church (and briefly at The Baptist Church because of COVID-19) to stay active, share laughter, and make unforgettable memories through exercise, games, and adventures. Our group is more than just a gathering; it's a community and a family.

I am sure that each of you undoubtedly has cherished memories and stories from your time as a Bronxville senior.

It has been my pleasure to forge friendships and engage in our various activities.

It is also fitting to pay tribute to those who started this great organization and others along this journey. I want to mention our current director, Lisa McGovern, former director Loretta DeSimone, and last but not least, our beloved former President, Liz Delgado.

Congratulations to us all on this incredible milestone!

Warm regards, Barbara Gregoire, President



Thoughts from BSC Member Board Member Gloria Montenero

"HOME AWAY FROM HOME"

Nine months after my beloved husband passed on to his journey to heaven, I was encouraged by a dear friend, member Kay Tashner, to join BSC to enjoy Tai Chi. On day one I was graciously greeted by the late Gail Tiso. She introduced me to the then director, Karla, and others present. Gail made me feel welcome all day. It was not long after that I became fully engaged in all the activities offered by BSC. Tuesdays and Thursdays became my "Home Away from Home," not domestically, but as a warm, welcoming habitat. In addition to the activities, I volunteered to help with fundraising in the pre-COVID days. I was invited to join the Board and served as Assistant Treasurer and now post-COVID days I am Corresponding Secretary. For the past ten years, I have shared my long-standing 'Wit and Wisdom' collection by creating the "Inspirational Sayings" and "Just for Laughs" columns in the Newsletter. I so enjoy this activity and hope most members do too. I never thought that I would make new senior friends at my advanced age. I am humbled and blessed by the feeling of camaraderie at BSC. During COVID I suffered a severe case of it, plus a failed surgery on a fractured hip & wrist which made a walker necessary. I so appreciate the kindness and understanding shown to me as I continue, on a limited basis, to enjoy the Board, exercise with Evey, Canasta, Mah Jongg and luncheons when possible. For whatever time I have left on this earth, I remain sustained by a GOOD ATTITUDE, SINCERE GRATI-TUDE and LOVE for my wonderful family and friends, old and new. Hugs of Joy



Gloria Montenero



Barbara Robinson

Thoughts from BSC Member Board Member Barbara Robinson

My first introduction to the Seniors was years ago when the Seniors and the Reformed Church held joint Holiday Luncheon celebrations in Congregational Hall. My husband and I always attended . I was in a therapy program at Burke Rehab that ended. One of my Church friends suggested that I go to the Seniors program in Congregational Hall. That was the start of a big change in my life. I became a member and I was in Tai Chi, Exercise, learning bridge, attending luncheons, special programs and taking trips. My husband passed away in 2009 and the Bronxville Seniors and the Reformed Church have given me a life filled with joy, learning, traveling, interesting programs and the opportunity to be with people. Staying active when you are in your nineties is so important. The Bronxville Seniors is a very important part of my life.





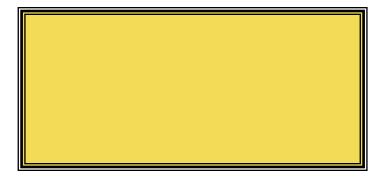






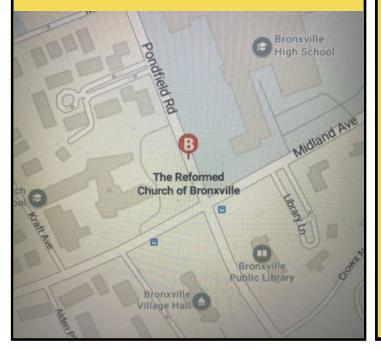


BRONXVILLE SENIOR CITIZENS C/O THE REFORMED CHURCH 180 PONDFIELD ROAD PO BOX 397 BRONXVILLE, NY 10708 ADDRESS SERVICE REQUESTED NON-PROFIT ORG US POSTAGE PAID WHITE PLAINS NY PERMIT NO 7191



Bronxville Senior Citizens Reformed Church of Bronxville 180 Pondfield Road Bronxville, NY 10708

The Reformed Church is located at 180 Pondfield road, the corner of Pondfield and Midland Avenues.



The Bronxville Senior Citizens Board July 1, 2024 – June 30, 2025

President Vice President Treasurer Recording Secretary Corresponding Secy Nominating Chairs

Goodwill Ambassador Susanne Servin Members at Large Rita Fitzpatrick

Barbara Gregoire Mary Smith Cathy Hurley Paula Greco McTigue Gloria Montenero Nora Gorman Liz Delgado Susanne Servin Rita Fitzpatrick Nancy Moore Virginia Campbell Laura Pacher North

Thank you to our BSC Board for all of your service and dedication to the Bronxville Senior Citizens.