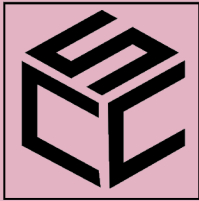


Bronxville Senior Citizens



SENIOR CITIZENS COUNCIL
BRONXVILLE & TUCKAHOE

Community is Ageless



APRIL 2025

Tuesday		Thursday	
April 1 9:00 – 11:00 a.m. 11:15 – 12:00 p.m. 1:00 – 2:30 p.m.	Play Bridge Chair Yoga w/ Karen Kelly <i>Please join us for a visit from Bronxville Mayor Mary Marvin and BXV Police Chief Satriale, Sandwich Lunch</i>	April 3 9:30 – 10:30 a.m. 10:30 – 11:30 a.m. 11:45 – 12:30 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m. 1:00 – 2:20 p.m. 1:00 – 2:00 p.m.	Dancing with Diane Tai Chi with Norma Exercise with Evey Play Mah Jongg & Canasta Play Bridge Art with Deb Toning with the Hicks
April 8 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:55 – 12:40 p.m. 1:00 – 2:30 p.m.	Play Bridge Chair Yoga w/ Karen Kelly Exercise with Evey BSC Board Meeting	April 10 9:30 – 10:30 a.m. 10:30 – 11:30 a.m. 11:45 – 12:30 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m. 1:00 – 2:00 p.m.	Dancing with Diane Tai Chi with Norma Exercise with Evey Play Mah Jongg & Canasta Play Bridge Toning with the Hicks
April 15 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:55 – 12:40 p.m. 1:00 – 2:30 p.m.	Play Bridge Chair Yoga with Karen Kelly Exercise with Evey Easter Lunch in-house with music by Bob Larro, catered buffet lunch \$30pp	April 17 BSC closed today in observance of Holy Thursday	
April 22 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:55 – 12:40 p.m. 1:00 – 2:00 p.m. 1:00 – 2:30 p.m.	Play Bridge Chair Yoga with Karen Kelly Exercise with Evey Volunteers for Newsletter Presentation by Ophthalmologist on Senior Eye Health	April 24 9:30 – 10:30 a.m. 10:30 – 11:30 a.m. 11:45 – 12:30 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m. 1:00 – 2:00 p.m.	Dancing with Diane Tai Chi with Norma Exercise with Evey Play Mah Jongg & Canasta Play Bridge Toning with the Hicks
April 29 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 11:55 – 12:40 p.m. 1:00 – 2:00 p.m.	Play Bridge Chair Yoga with Karen Kelly Exercise with Evey Move with Mika!		

Lisa McGovern, Director

Center Location:

Reformed Church
180 Pondfield Road
Bronxville, NY 10708

Office Cell: 914-844-5120

Email: BSC@SCC70.org

Mailing Address:

P.O. Box 397
Bronxville, NY 10708



Dear BSC Members and Friends,

We are so honored to have so many new members join our BSC family! Thank you to our members for bringing your friends in and for spreading the word about our wonderful organization. Thank you also to our amazing instructors who keep everyone healthy and entertained!

The BSC is happy to call the Reformed Church of Bronxville our home and we wish to thank the Reverend Dr. Matthew Waterson and RC staff for all they do for us.

Please note the BSC is closed on Holy Thursday, April 17. Wishing you and your family a Happy and Blessed Easter!
 Lisa McGovern, BSC Director

DID YOU KNOW?

If you join the BSC now, the rate drops down to **\$67.50** for the remainder of this fiscal year, which runs until June, 30 2025.
 This is the perfect time to try the BSC out!
 Encourage a friend to join too!

2024/2025 BSC Board Meeting Schedule
 First Tuesday of every month at 12:45pm

September 3
 October 1
 November 5
 December 10 **Revised Date**
 January 7
 February 4
 March 25 (Rescheduled)
 April 8
 May 6
 June **TBD**

* Schedule is subject to change based on Reformed Church events.



Senior Citizens Council

The Senior Citizens Council (SCC) is our umbrella organization and a member of the Community Fund, which supports The Bronxville Senior Citizens bridge, Tai Chi, and exercise programs. For more about the SCC and its mission, you may contact Council Co-Chairs Eleanor Gustafson or Valerie Rittenhouse or check out the website www.scc70.org.



Bronxville Senior Citizens Membership

The fiscal year for the Bronxville Senior Citizens is July 1, 2024 to June 30, 2025. To join or renew, a completed membership form is required (form required each year!) and write a check made payable to the Bronxville Senior Citizens for the fee of **\$135.00**. Forms are available online and at the Center and will be mailed to all current members. You can pay your dues at the center or mail it to:

Bronxville Senior Citizens
P.O. Box 397
Bronxville, NY 10708

The Bronxville Senior Citizens Board
July 1, 2024 – June 30, 2025

President	Barbara Gregoire
Vice President	Mary Smith
Treasurer	Cathy Hurley
Recording Secretary	Paula Greco McTigue
Corresponding Secy	Gloria Montenero
Nominating Chairs	Nora Gorman Liz Delgado
Goodwill Ambassador	Susanne Servin
Members at Large	Rita Fitzpatrick Nancy Moore Virginia Campbell Laura Pacher North

Thank you for all of your service and dedication to the Bronxville Senior Citizens. Please see Liz Delgado or Nora Gorman if you are interested in joining the Board.



Lucky Raffle Winners at BSC St. Patrick's Luncheon at Eileen's at Heritage, Yonkers

Anne Kelty, Sheila Doohan & Josie Colwell

Art with Deb Ferrara!

The next Art class with Deb is on Thursday, April 3 at 1pm.

Sign up today to paint a beautiful scene. *Beginners welcome!*



BSC IN-HOUSE

EASTER LUNCHEON

TUESDAY, APRIL 15 AT 1:00PM

\$30 PP

BUFFET LUNCHEON, ENTERTAINMENT BY BOB LARRO

EDWARDS ROOM OF THE REFORMED CHURCH

RAFFLES, DOOR PRIZES

CHECKS MADE PAYABLE TO BRONXVILLE SENIOR CITIZENS

NO REFUNDS, TICKETS ARE TRANSFERRABLE



JOIN THE BRONXVILLE SENIOR CITIZENS

For a Day Trip to New Jersey

Ace in the Hold Productions Presents

Tribute to Neil Diamond **Tuesday, May 6**

\$65 per person includes:

- Round trip deluxe coach transportation from the Reformed Church to Paterson, NJ (courtesy of the BSC)
 - Bus Leaves at 10am, returns by 4:30pm
 - Tribute Concert to Neil Diamond
- 4 Course lunch at the Brownstone Catering Hall
(Includes 1 Cocktail, Unlimited Soda, Warm rolls, Ceasar Salad, Penne Alfredo, Maple Baked Ham, Chicken Francese, Vegetable Medley, Dessert, Coffee & Tea)
- Vendors to shop from at the Event space, Veterans Tribute, Door Prizes, 50/50 Drawing



The Fabulous Tommy Walker!

**Checks must be made payable to the
Bronxville Senior Citizens and must be received by May 1st.
No Cancellations / No Refunds (tickets are transferable)
Call Lisa at 914-844-5120 for more info. SPACE IS LIMITED.**

INSPIRATIONAL SAYINGS

By BSC Board Member Gloria Montenero

There is always, always something to be grateful for...

No special reason. TODAY let's just choose to be HAPPY!!

Always remember that your present situation is not your final destination.

THE BEST IS YET TO COME!!

JUST FOR LAUGHS

A scammer called my grandma and said he had all her passwords.

She quickly got a pen & paper and said "Thank God for that, what are they?"

I LOVE THIS ANALOGY:

You are holding a cup of coffee when someone comes along and bumps into you or shakes your arm, making you spill your coffee everywhere.

Why did you spill the coffee?

"Because someone bumped into me!!!"

Wrong answer.

You spilled the coffee because there was coffee in your cup.

Had there been tea in the cup, you would have spilled tea.

Whatever is inside the cup is what will spill out. Therefore, when life comes along and shakes you (which WILL happen), whatever is inside you will come out. It's easy to fake it, until you get rattled.

So we have to ask ourselves... "what's in my cup?"

When life gets tough, what spills over?

Joy, gratitude, peace and humility?

Anger, bitterness, victim mentality and quitting tendencies?

Life provides the cup, YOU choose how to fill it.

Today let's work towards filling our cups with gratitude, forgiveness, joy, words of affirmation, resilience, positivity; and kindness, gentleness and love for others.

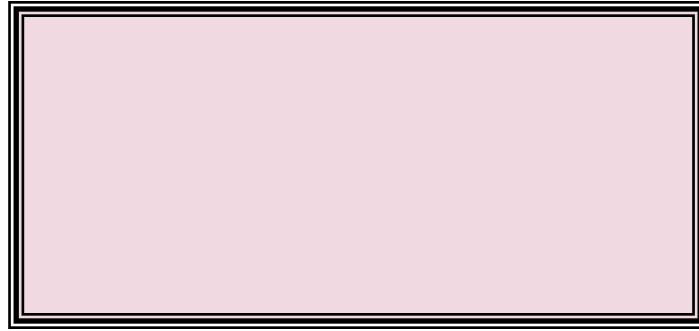
Fun Facts (below) & Analogy (lower left) by BSC President Barbara Gregoire

- Easter was named after the Anglo-Saxon goddess Eostre.
 - Easter is the most popular day to attend church.
 - The Easter bunny legend originated in Germany.
 - The act of painting eggs originates from a Ukrainian tradition.
 - Pretzels used to be associated with Easter because their twists resemble arms crossed in prayer.
 - The majority of people eat the chocolate bunnies ear first.
 - Billions of jelly beans are sold at Easter time. The red jelly bean is the most popular flavor
 - An egg hunt is the most popular way to celebrate Easter.
 - The Easter Bunny made its way to America in the 18th century.
 - In Germany, an Easter Fox delivers goods instead of a bunny.
 - Australia celebrates Easter in autumn.



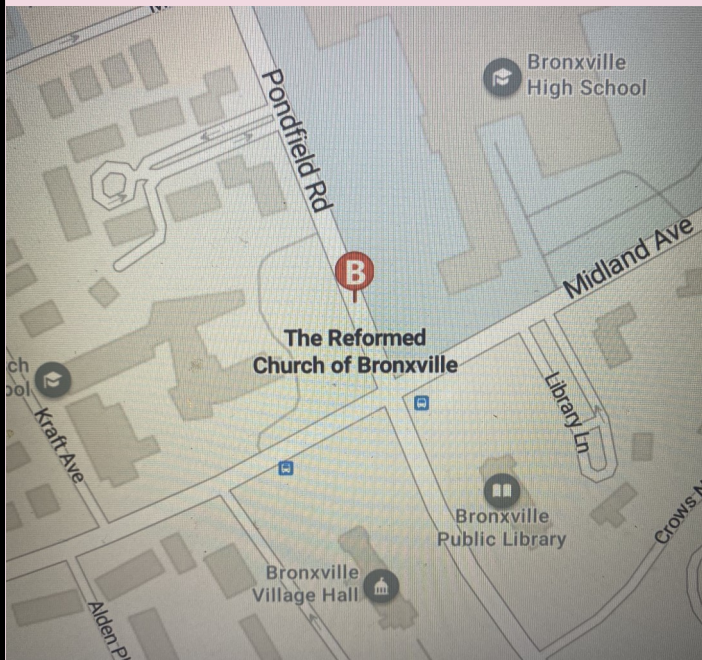
BRONXVILLE SENIOR CITIZENS
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BRONXVILLE, NY 10708
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***Bronxville Senior Citizens
Reformed Church of Bronxville
180 Pondfield Road
Bronxville, NY 10708***

The Reformed Church is located at 180 Pondfield road, the corner of Pondfield and Midland Avenues.



***Happy Easter
BSC Members & Friends!***

Happy Easter!

