# **Tuckahoe Senior Citizens**

# COMMUNITY IS AGELESS

# 💑 MARCH 2025 CALENDAR 🎭

Tuesdays	Thursdays	
March 4 10:30 – 11:15 AM Intro Chair Tap with Karen Join us for a new class & get into Tip Tap Shape! Tap Dance 12:00 – 12:45 PM Chair Yoga with Karen 1:00 – 2:30 PM Game Time: Rummikub, Mahjong and Cards	March 6   9:00 – 10:00 AM Executive Board Meeting   10:30 – 11:30 AM Live Music Entertainment   Grammy Award Winning musician Lisa Gutkin will   be playing Irish Fiddle & Broadway Classics   12:00 – 12:45 PM Member Meeting and March   Birthday Celebration ♥   1:00 – 2:30 PM BINGO   Image: Description of the structure	
March 1110:30 – 11:15 AMExercise with Evey12:00 – 12:45 PMZumba Gold with Mika1:00 – 2:30 PMGame Time: Rummikub, Mahjong and Cards	March 13 10:30 – 11:15 AM Exercise with Evey 12:00 – 2:00 PM St. Patrick's Day Luncheon Join us & enjoy an Irish inspired menu at Wicked Wolf North! <i>Further details forthcoming</i>	
March 1810:30 – 11:15 AMExercise with Evey12:00 – 12:45 PMLine Dancing with Diane1:00 – 2:30 PMArt with Deb: Petite FloralWreaths. Limited to 12; Sign up required	March 20 10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Zumba Gold with Mika 1:00 – 2:30 PM Art with Deb: Petite Floral Wreaths. Limited to 12; Sign up required	
March 25   10:30 – 11:15 AM Exercise with Evey   12:00 – 12:45 PM Line Dancing with Diane   1:00 – 2:30 PM BINGO!   BOOOGOO BINGOO	March 27 10:30 – 11:15 AM Exercise with Evey 12:00 – 2:00 PM We're baking cakes baby! with Mayor Andino	

Michelle Oliva, Director | Email: tsc@scc70.org | Phone: 914-337-8487 Website: <u>www.scc70.org/tuckahoeseniors</u>

Meetings held at Fr. Fata Hall, Assumption Church | 125 Wallace Street, Tuckahoe, NY 10707



THE COMMUNITY FUND BRONXVILLE · EASTCHESTER · TUCKAHOE

# Tuckahoe Senior Citizens ~ March 2025 Newsletter



Wishing you a Happy St. Patrick's Day ! May love & luck fill your day !

## Real of the second seco

New Fitness Class: Tuesday March 4th at 10:30 am ~ Chair Tap Dance with Karen Join us for an introductory class There is science behind learning to dance and improving your brain health while exercising your body and having fun! We hope you will join us!

**Exercise Class Note**: Evey is on vacation March 4th & 6th & will return March 11th

## 🍀 <u>SAVE THE DATE</u>

#### Thursday, March 13th at 12:00 pm St. Patrick's Day Luncheon

Join us & enjoy an Irish inspired menu at Wicked Wolf North! *Further details forthcoming* 

### Thursday, March 27th at 12:00 PM

We're baking cakes baby! with Mayor Andino Join us for a baking presentation & tasting with Tuckahoe Mayor Andino Advanced Sign up is required

#### Art with Deb ~ March 18th & 20th Sign Up Required ~ Limited to 12 participants



Join Us To Make Petite Faux Floral Wreaths \*Please note image is just an example



Reminder if you celebrate a Birthday in March you receive a free Bingo card

Please advise Michelle if your birthday is not reflected on the list

MAUREEN	CONSTANTINIDES	MARCH	6
KATHLEEN	BURKE	MARCH	6
ROSEMARIE	REUL	MARCH	8
JANICE	MELINO	MARCH	9
JEAN	SAVANELLO	MARCH	10
JUDITH	GRUBER	MARCH	14
MARY	KEAVEY	MARCH	19
ANGELA	YOZZO	MARCH	20
SONJA	CERASI	MARCH	21
RITA ANN	DISANTO	MARCH	24
ANGELA	MARCOCCIA	MARCH	27
JULI	JACKSON	MARCH	29

#### **ANNOUNCEMENTS**

**HEALTH & WELLNESS**: If you are not feeling well, we ask that you please stay home & rest and return to the center once you are well. We are doing our best as a community to keep each other healthy and able to enjoy activities each week together. Also, just a gentle reminder to wash your hands often especially while at the center; before and after meals & group activities and when using the restroom facilities. This will help to mitigate transmission of germs & keep us healthy.

**<u>CLOSURES</u>**: If the center needs to close for any reason, an email will be sent and a voicemail message to announce closure details will be left and can be accessed by calling the TSC # 914-337-8487. We will also be posting any storm related closures on

www.914stormcenter.info Listed under "CLUBS/ORGANIZATIONS